



आयुर्वेद शिक्षण एवं अनुसंधान संस्थान Institute of Teaching and Research in Ayurveda

(राष्ट्रीय महत्व का संस्थान, आयुष मंत्रालय, भारत सरकार)
(Institute of National Importance, Ministry of Ayush, Government of India)
"बी" डिविजन पुलिस स्टेशन के सामने, गुरुद्वारा रोड, जामनगर - 361 008
Opp. B - Division Police Station, Gurudwara Road, Jamnagar - 361 008

I.T.R.A.

<https://itra.ac.in>

No. ITRA/ CME /RNVV/ 2026-27 / 01

Date: 15.09.2026

सेवामें / To,
The Director/Principal/Dean,
All Ayurveda Colleges, India.

विषय/Subject: Inviting Applications for 6-day CME program for Teachers of Kriya Sharira, Prasuti Tantra evam Stree Roga and Roga Nidana evam Vikriti Vigyan Department regarding.

Reference: Letter No. S-11013/1/2026-SCHEME(CME) Dt: 07.09.2026

महोदय / Sir / महोदया / Madam,

With reference to the subject cited above, it is our pleasure to inform you that Institute of Teaching and Research in Ayurveda, (INI), Jamnagar, is going to organize a 6-day CME program from 16th to 21st November, 2026 for the Teachers of Kriya Sharira, Prasuti Tantra & Stree Roga and Roga Nidana Vikriti Vigyan Department respectively, which is sponsored by the Ministry of Ayush and coordinated by Rashtriya Ayurveda Vidyapeeth (RAV), New Delhi.

Applications are invited in prescribed format (Annexure - 1) through proper channel from the eligible teacher(s) of above subjects viz Kriya Sharira, Prasuti Tantra & Stree Roga and Roga Nidana Vikriti Vigyan department working in your college/institute. Applicants should submit soft copy of the application duly recommended by the head of the institute through respective Google Link latest by 30th September 2026 and hard copy of the same should be received latest by 5th October, 2026. Since the number of participants is limited to 30 (for each CME), please submit the applications at earliest.

The details guidelines of the CMEs and Application Form are attached herewith. (Annexure-2)

Contact details for each CMEs as below

Sr. No.	Department	Contact Person	Contact Number	Google link for Registration
1.	Kriya Sharira	Dr. Rahul Anand Dr. Pradeep HS	9335603231 8970341096	https://forms.gle/AQBSHFLi6BFf7ffTA
2.	Prasuti Tantra evam Stree Roga	Dr. Sipika Swati Dr Hetal Baraiya	9889501569 9925954927	https://forms.gle/yShBvv5zTdVw6cjNA
3.	Roga Nidana evam Vikriti Vigyan	Dr. C. U. Pandya Dr. N. D. Patel	9998964805 9978295335	https://forms.gle/2MDapyfR2fcTBwbS7

Details of all the CMEs is also available on institute official website www.itra.edu.in

Note: The proposed CMEs can be rescheduled, postponed, or cancelled under any unforeseen conditions.

हार्दिक सम्मान के साथ/ With Warm regards

Prof. (Dr.) Tanuja Nesari
Director, ITRA

Chair persons – CMEs

Dr. Swati Khandale- Kriya Sharira
Prof. (Dr.) Shilpa Donga – Prasuti Tantra evam Stree Roga
Prof. (Dr.) Darshna Pandya – Roga Nidana evam Vikriti Vigyan

प्रतिलिपि/Copy to:

1. The Director, Rashtriya Ayurveda Vidyapeeth (RAV), New Delhi
2. The Chairman, NCISM, New Delhi.
3. The Under Secretary (ASK), Ministry of Ayush, New Delhi
4. The Director General, Central Council for Research in Ayurvedic Science, New Delhi

ANNEXURE - 2
DETAILS OF CME

Name of the CME	6-DAY CME PROGRAMME FOR TEACHERS OF KRIYA SHARIRA / PRASUTI TANTRA EVAM STREE ROGA / ROGA NIDAN EVAM VIKRITI VIGYAN
Duration	16th to 21st November 2026 (6 Days)
Venue	Institute of Teaching and Research in Ayurveda, INI, Jamnagar - Gujarat
Eligibility of Participants	- Teaching faculty of Kriya Sharira / Prasuti Tantra & Stree Roga / Roga Nidan evam Vikriti Vigyan working in NCISM Recognized Ayurveda Colleges. - Preference will be given to the candidates who have attended least number of CMEs.
Maximum No of Trainees	30 (Thirty)
Procedure to Apply	- Fill in the enclosed Application form, duly signed by the Head of the Institute. - Attach UG & PG Degree Certificate, validated Central/ State registration certificate with renewal. - Self-certified copies of service joining letter, Registration certificate (NCISM/State Council), PAN card, Aadhar Card, and first page of Bank Passbook / cancelled Cheque. - Scanned copy of application along with all required documents should be sent through the Google link of respective departments on or before 30-09-2026 (6:00 P.M.) and hard copy of the same on or before 05.10.2026, up to 5:00 PM to the respective address through Speed Post or Courier. ✓ Link for Kriya Sharira - https://forms.gle/AQBShFLi6BFf7ffTA ✓ Link for Prasuti Tantra & Stree Roga - https://forms.gle/yShBvv5zTdVw6cjNA ✓ Link for Roga Nidan - https://forms.gle/2MDapyfR2fcTBwbS7 Address Kriya Sharira Dept. Dr. Swati N. Khandale, i/c Head, Department of Kriya Sharira, Room No. 622, 6th Floor, New Institute Building, Institute of Teaching and Research in Ayurveda, INI, Opp. City B Division Police Station Jamnagar 361008 (Gujarat) Prasuti Tantra & Stree Roga Dept. Prof. (Dr.) Shilpa Donga, Head, Department of Prasuti Tantra & Stree Roga, Room No. 504, 5th Floor, New Institute Building, Institute of Teaching and Research in Ayurveda, INI, Opp. City B Division Police Station Jamnagar 361008 (Gujarat) Roga Nidan evam Vikriti Vigyan Dept. Prof. (Dr.) Darshna Pandya, Head, Department of Roga Nidan, Room No. 514, 5th Floor, New Institute Building, Institute of Teaching and Research in Ayurveda, INI, Opp. City B Division Police Station Jamnagar 361008 (Gujarat)
Procedure of Selection	- Guidelines of the RAV CME scheme will be applicable. - Selected participants will be informed by email on or before 10.10.2026
Payment of TA	- Actual fare or up to the fare of AC 2 tier class, whichever is less. - Train tickets must be booked from the Windows of Railways or the IRCTC website / application only. - TATKAL or DYNAMIC PRICING Train Tickets will not be reimbursed. - Reimbursement of the journey performed by road is permissible for places that are not connected by rail. The road mileage will be limited to 2AC railway charges or actual claim or as per Govt. of India rules, whichever is lower. - On production of original bills, food bills not exceeding to Rs. 300/- will be paid for the journey period. No food expenses will be paid if the journey is made by Shatabdi/Rajdhani/Duranto trains/ Vande Bharat Express.

ANNEXURE - 2

	• Payment of TA/DA will be made only at the end of the program, directly to the bank account by electronic transfer. • In case of any epidemic outbreak and lockdown situation, the train ticket and its cancellation charges will be borne by the participant him/herself.		
Lodging and Boarding	• The Participants will be provided with the best possible lodging and boarding facilities within the budget limits of the CME. Accommodation will be provided on a twin-sharing basis.		
Attendance and participation Certificate	• Full Attendance is mandatory for obtaining a participation certificate. The certificate will be issued at the end of the CME.		
Contact persons / numbers / mail id	Kriya Sharira Dept.	Prasuti Tantra & Stree Roga Dept.	Roga Nidan evam Vikriti Vigyan Dept.
	Dr. Rahul Anand 9335603231 kriyasharira@itra.edu.in	Dr. Sipika Swati 9889501569 ptsr@itra.edu.in	Dr. Chinmayi Pandya 9998964805 rognidana@itra.edu.in

Special Note:

- 1) CME participants will be entitled for reimbursement of journey tickets up to AC 2 tier. The tickets can be purchased only through Windows of Railways or the IRCTC website/application. No reimbursement will be paid if tickets are purchased from any other site such as yatra, MakeMyTrip etc.
- 2) The road mileage is allowed only for places not connected by railways with considerations to road mileage actual rate but not excluding approved rate under TA rule. Claimant should mention distance between the places.
- 3) The Local participants may be paid Rs. 500/- per CME towards local TA only once, for to & fro.

**APPLICATION FORM****CME FOR TEACHERS**

Institute of Teaching and Research in Ayurved
 (Institute of National Importance, Ministry of Ayush, Govt. of India)
Jamnagar, 361008
Date: 16th-21st November, 2026

(Sponsored by Ministry of Ayush, Govt. of India, New Delhi)
 Coordinated by Rashtriya Ayurveda Vidyapeeth, New Delhi

To,
 Head of the Department
 (Kriya Sharira/ Prasuti Tantra evam Stree Roga / Roga Nidan evam Vikriti Vigyan)
 Institute Building,
 Institute of Teaching and Research in Ayurveda, (INI)
 Jamnagar, 361008

Photo of Participants
 to Stick Here

Madam.

I hereby submit my application to participate in 6-days CME for teachers of Kriya Sharira / Prasuti Tantra evam Stree Roga/ Roga Nidan evam Vikriti Vigyan, being organized by your institute.
 My details are as follows-

Full Name

(In BLOCK letters)

Father's/Husband's Name :

Date of Birth: Age:..... Gender.....

Educational Qualification:

Name of Degree	Subject

Registration No:NCISM Teacher's code:

Designation:Date of entry into service:

Name of Institute with address:

.....

Experience as Kriya Sharira / Prasuti Tantra evam Stree Roga / Roga Nidan evam Vikriti Vigyan
 Teacher.....Years..... Months

Have you participated in CME earlier: YES/NO

Details of CME attended by the candidate in current & previous years-

Sr. No	CME	Organizing institute	Dates (From-To)

Full address for correspondence with pin code:

1) Office:

.....

2) Residence:

.....

3) Mobile number & WhatsApp: :

4) Email ID: :

5) Aadhar No. (Attach a photocopy): :

6) PAN:

7) First Page of Bank Passbook/ Cancelled Cheque (Attach a photocopy)

Name of Bank

Branch.....

Account No

IFSC:

Undertaking

The information provided herewith is true and correct to the best of my knowledge. If the information provided by me is found false/ inaccurate at any stage, I will be liable for disciplinary action (as the case may be) and recover funds spent against me, if any. I shall abide by the instructions given by the organizer for the smooth conduction of the program.

Date:

Signature of Applicant

RECOMMENDATION OF THE HEAD OF THE INSTITUTE/CONTROLLING AUTHORITY

The application of Dr.....for participation in CME for teachers of Kriya Sharira / Prasuti Tantra evam Stree Roga/ Roga Nidan evam Vikriti Vigyan is forwarded for consideration.

Date:

A Signature of the Head of the Institute/Controlling Authority & Seal

Note: Application will not be considered if-

1. If the information given above is incomplete in any respect.
2. If not recommended by the Head of the Institute.