



# Certificate Course in Ayurveda for International Students

Begins on January 1, 2026

Click for next



सत्यमेव जयते  
Ministry of Ayush  
Government of India

**International Centre for Ayurvedic Studies**  
Institute of Teaching and Research in Ayurveda,  
Jamnagar, Gujarat, India  
Institute of National Importance,  
Ministry of Ayush, Government of India

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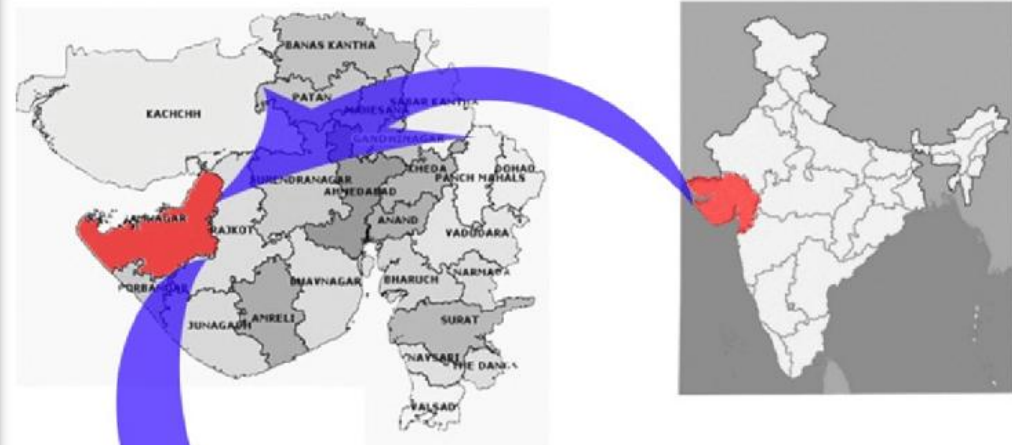
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# Institute Highlights

PART 01





संघमंत्र अयुर्वेद  
Ministry of Ayush  
Government of India

Premier institute for Ayurveda  
education, research, and healthcare

Long legacy in field of Ayurveda  
since 1946

Recognized as an Institute of  
National Importance (INI)- 2020

Pioneer in Ayurveda drug research  
and education

# Institute Overview





# Infrastructures





Pathology lab



Biochemistry lab



Radiology



Micro-biology lab



gar, Gujarat, India  
Society, Dr. P. M. Mehta Road, Gujarat Ayurved University, E  
Society, Park Colony, Jamnagar, Gujarat 361008  
n2663°



gar, Gujarat, India  
Nisargopachara Kendra, Department of Swasthavritta, Institute of Te  
a, ITRA Campus, F3G7+CH3, Valkeshwari, Park Colony, J

OPD

IPD



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Quarter Gujarat Ayurveda University Campus, Swastik  
nagar, Gujarat 361008, India  
n62897°



gar, Gujarat, India  
Swastik Society, Park Colony, Jamnagar, Gujarat 361  
n70.062655°



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Valkeshwari, Park Colony, Jamnagar, Gujarat 361  
n70.063386°

Panchakarma unit



EYE OPD



DENTAL OPD



Waiting area



Shalya OPD



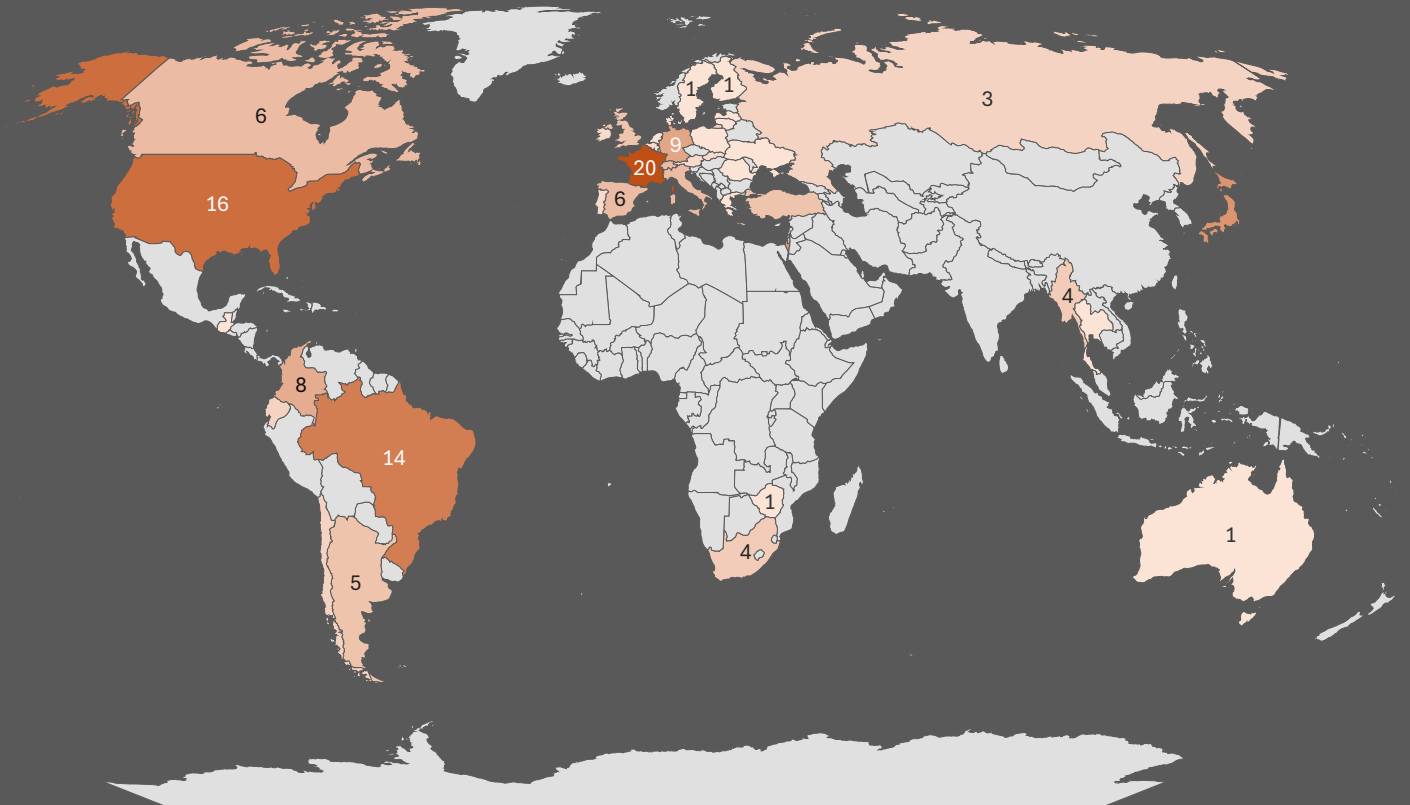
ENT OPD

# INFRASTRUCTURE



# Scholars Across the Globe Opted For The Course

174  
International  
Scholars  
From 43  
Countries



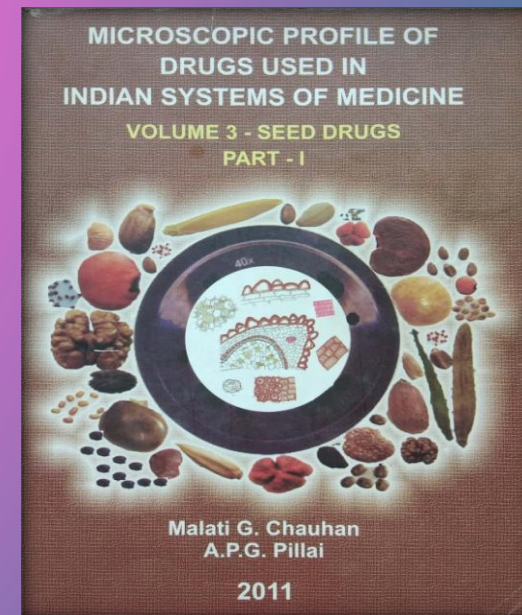
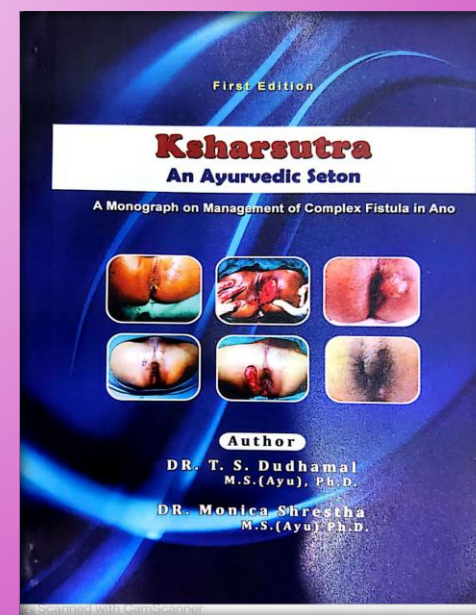
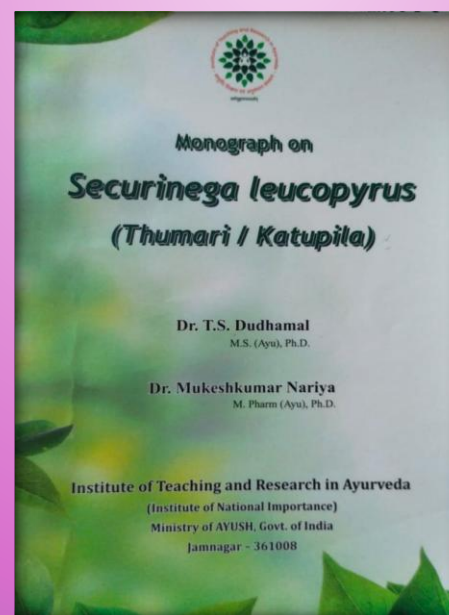
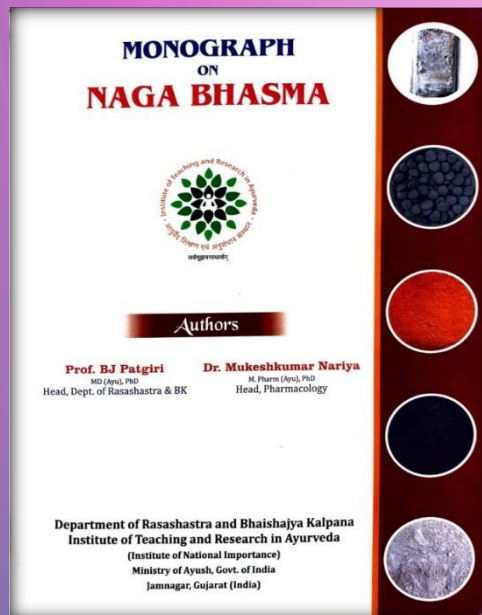
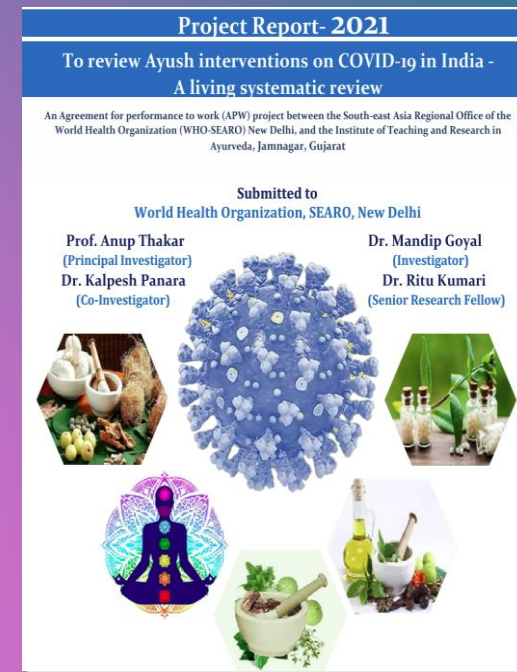
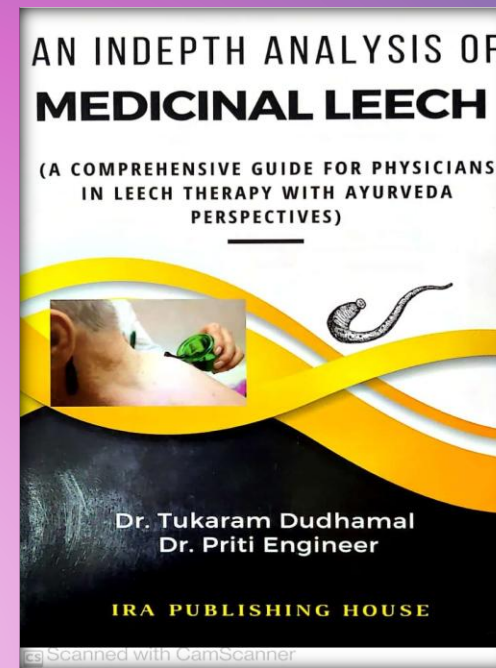
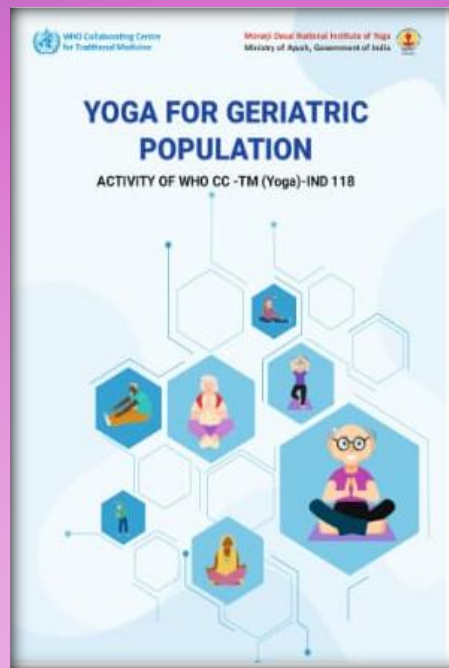
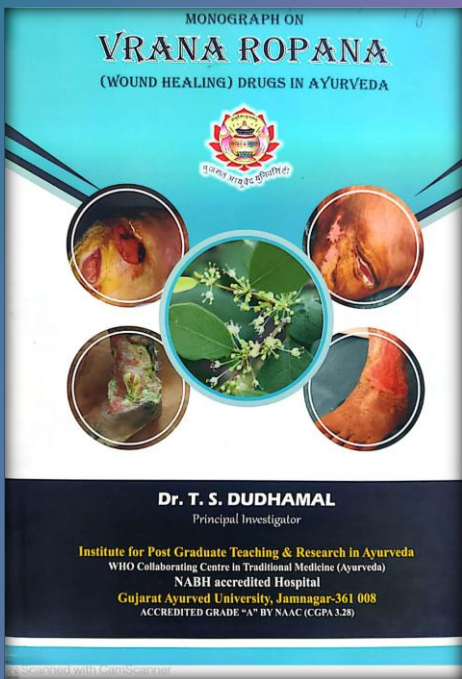
# Our International MOU Partners

- Western Sydney University, **Australia**
- Southern California University of Health Sciences, **USA**
- Fundación De Salud, Ayurveda Prema, **Argentina**
- The NPO Japan Ayurveda Institute, **Japan**
- Faculdade Escola de Ayurveda, FAESDA, **Brazil**
- Ayurvastu- Escuela Clinica Indo-Americana De Medicina Ayurveda, **Chile**
- National Institute of Health, **Peru**
- Khesar Gyalpo University of Medical Science, **Bhutan**
- UniversitiTunku Abdul Rahman, **Malaysia**



**Medicinal Plant Research,  
Drug Development &  
Standardization**



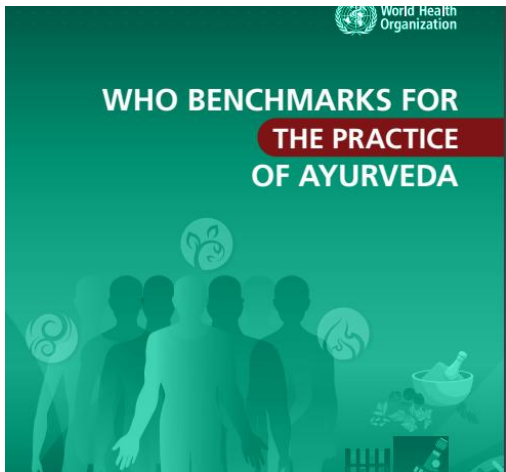




**Training Program on Clinical Research Methodology in Traditional Medicine (Ayurveda) for WHO SEAR (South East Asia Region) Member State - Sri Lanka**  
 Organized by WHO Collaborating Center for Traditional Medicine, ITRA, Jamnagar  
 in collaboration with WHO SEARO, New Delhi (20<sup>th</sup> March to 22<sup>nd</sup> March 2025)



## Journey to date as a WHO Collaborating Centre



**Panel Discussion on Traditional Medicine in South-East Asia**  
 8<sup>th</sup> & 9<sup>th</sup> December 2022 at Panjim, Goa, India



**PART 02**

# **Course Highlights**

# About the Course



## Overview

**This specially designed 3-month certificate course introduces Ayurveda, the ancient Indian science of life and holistic well-being, to international participants. Delivered by experienced Ayurvedic scholars and physicians, this immersive program blends classical theoretical knowledge, hands-on training, and practical exposure to Ayurvedic lifestyle and therapies.**



## Objectives

- ❖ **To impart a foundational understanding of Ayurvedic principles**
- ❖ **To familiarize participants with Ayurvedic dietetics and preventive practices**
- ❖ **To introduce Panchakarma, Yoga, Ayurveda diagnostics, and therapeutics**
- ❖ **To promote authentic Ayurvedic lifestyle for self-care and global health advocacy**

# Curriculum Overview



एभित्तु सच  
Ministry of Ayush  
Government of India

## Key Areas

- ▶ **Introduction to Ayurveda & Tridosha Theory**
- ▶ **Basic Concepts of Anatomy (*Sharira Rachana*) & Physiology (*Sharira Kriya*)**
- ▶ **Principles of Ayurvedic Nutrition, Lifestyle (*Dinacharya, Ritucharya*), & Preventive care**
- ▶ **Introduction to Herbal Medicines and Formulations**
- ▶ **Overview of Panchakarma & Detox Therapies**
- ▶ **Comprehensive understanding of Nadi Pariksha, Prakriti Parikshana, and Marma Therapy**
- ▶ **Mental health and wellness**
- ▶ **Yoga and Meditation Practices for Balance and Healing**
- ▶ **Interactive Case Discussions with Senior *Vaidya***
- ▶ **Field Visits to Herbal Gardens & Ayurveda Pharmacies**



**PART 03**

# **Teaching Methodology and Facilities**

# Didactic Approaches



## Methodologies



**Lectures and  
multimedia  
presentations**



**Group discussions and  
Q&A**



**Practical sessions and  
demonstrations**



**Clinical Scenario  
Demonstration & Peer  
Discussion**



**Daily Ayurveda routine**

# Student Support Services



## Amenities



**Well- furnished  
classrooms and  
demo labs**



**Panchakarma clinic  
and OPD exposure**



**Cultural immersion  
sessions and local  
tours (optional)**





**PART 04**

# **Course Fee Details**

# Financial Overview



**USD 1470 (bank charges included)**



**Includes  
Tuition, clinical exposure, and field visits**



**Excludes  
Travel, visa, lodging, meals  
(\*accommodation options will be suggested on request and if available)**



**PART 05**

# **Applicant Eligibility**

# Participant Requirements



## \*Student Visa Essential

**Open to all international participants  
with an interest in Ayurveda**

**\*Preference for medical graduates**



**PART 06**

# **Schedule of Sessions**

# Calendar of Events



## Details



**Begins on:**  
**January 1, 2026**



**Duration:**  
**12 Weeks**  
**Monday–Saturday**  
**33 learning hours/week**



**Language of Instruction:**  
**English**

**\* Last Date of Registration: December 10, 2025**





**Thanks**

