



DEPARTMENT OF KAUMARBHRITYA
ITRA, JAMNAGAR
KB UG J1: Balroga Pariksha Patraka



Name: Age/Sex: OPD No:
 IPD No: Ward/Bed No:
 Date of admission: Date of Discharge:
 Informant: Religion:
 Parent's Education: F- M- Address:
 Parent's occupation: F- M-
 Socio-economic Status: Final Diagnosis:

Chief complaints with duration:

History of present illness:

History of Past illness& previous treatment:

Past illness:

Previous treatment / any surgical intervention / any medication:

H/o any allergy:

Family history:

Family – Joint / nuclear / single parent

Pedigree –

Birth history:

Antenatal history:

History of Diabetes / Hypertension / Edema / any infections /any trauma / Hyper-emesis gravidarum /

Nothing specific / specify if any other -

Natal History:

Mode of Delivery: Vaginal/Forceps/Vacuum/Caesarean section

Term of gestation: Full term/Pre-term/Post-term

Place of Delivery: Home / Hospital

Birth weight: Cried soon after birth: Yes / No; if No, Cried after:

Post-Natal History:

H/o Birth Asphyxia / Convulsion / Jaundice / Hypoglycemia / NICU admission / any infections

Immunization History:

Complete / Incomplete

Personal History:

Bowel – Frequency - Associated Symptoms -

Bowel time - Consistency -

Urine – Frequency - Associated Symptoms -

Sleep – Normal / Decreased / ExcessHrs / Day

Appetite – Normal / Decreased / Excess

Physical Activity – Normal / Less / Excess, Outdoor Activity – Outdoor play / Cycling / Sports

Screen Time – Normal / Zero / ExcessHrs / Day

School Time - Not Going to School –

Behavioral Patterns – Disciplined / Calm / Happy / Aggressive / Lazy / Shy/ Mischievous / Undisciplined / any other -

Behavioral Issues – None / Temper tantrum /Hyperactivity /Stressful / Anxious / Fearful / Thumb Sucking / Pica / any other -

Diet History:

Healthy food habit – Yes / No Packet food – Breakfast time –

Milk – Fruits – Lunch time –

TV/Mobile while eating – Yes / No Packet food – Dinner time –

Liking towards – Spicy / Sweet / Sour / Salty / Astringent / Bitter Chocolates –

Developmental History:**Gross Motor:**

Neck holding -
Sit without support -
Stand without support -
Walk without support -

Speech:

Monosyllables -
Bi-syllables -
Simple sentence -

Fine Motor:

Crude grasp -
Pincer grasp -
Hand to hand coordination-

Social & Behavioral:

Recognize mother -
Social smile -
Bowel control -
Dry by night -

Examination:**Anthropometry:**

Weight -	Height/ Length -	
Head circumference -	MUA Circumference - Lt.	Rt.
Chest circumference -	MT Circumference - Lt.	Rt.
Abdominal circumference -		

Vital Signs:

Temperature -
Respiratory Rate-
Heart Rate -
B.P. -

Physical Examination:

Built – Normal / Thin / Very thin / Overweight / Obesity

Skin – Normal / Pallor / Cyanosis / Jaundice / Presence of skin lesions /

Teeth – Normal & Clean / Dental carries / Tooth anomalies / Gum problem / Poor dental-oral hygiene

Tongue – Normal & Clean / Coated / Geographic tongue / any lesion

Nails – Normal & Clean / Pallor / Cyanosis / Presence of any nail abnormality

Hair – Normal & Clean / Dandruff / Lice / Hypo pigmented / excessively dry / Hair falling / Alopecia

Presence of any congenital anomaly – Yes / No, **Presence of any dysmorphic feature** – Yes / No

Systemic Examination:

Cardio Vascular System

Auscultation –

Respiratory System

Inspection –

Auscultation –

GIT

Inspection –

Percussion –

Palpation –

Auscultation –

CNS

Consciousness –

Gait –

Orientation –

Muscle tone –

Memory –

Muscle power –

Attention –

Involuntary movements –

Speech –

Reflexes –

Musculo-Skeletal System

Upper extremities –

Joints –

Lower extremities –

ROM –

Head & Neck –

Thorax & Pelvic –

Integumentary System

Type of skin lesion –

Site of skin lesion –

Number of skin lesion –

Size of skin lesion –

Associated complaints –

Genito-Urinary System

Inspection –

Investigations:

Advised – Yes / No

Urine (R & M) –

Stool (R & M) –

Blood –

Details of specific investigations -

X- Ray –

USG –

MRI –

CT Scan–

Ashtavidha Pariksha:

Nadi: Shabda:

Mutra: Sparsha:

Mala: Drika:

Jihva: Aakriti:

Samprapti Ghataka:

Dosha: Srotas:

Dushya: Adhistan:

Srotodushti Prakara: Agni:

Rogamarga: Sadhyaasadhyata:.....

Roga Avastha: Navina / Jeerna

Nidana Panchaka:

Nidana: Upashaya:

Purvaroop: Anupashaya:

Roopa:

Vyadhibheda:

Differential Diagnosis:**Final Diagnosis:**

Treatment (*Chikitsa*):

Classical line of Treatment (*Chikitsa Siddhanta/Sutra*):

Treatment Given (*Chikitsa Vyavastha*):

Treatment type	Mention Specification	Do & don'ts explained (guidance on <i>Pathya-apathya</i>):
<i>Shodhana</i>		
<i>Shamana</i>		
<i>Nidanaparivarjana</i>		
<i>Satvaavajaya</i>		

Treatment Given in detail with follow up:

Date	Symptoms with duration	Treatment Given
Date of 1 st visit		
Date of 1 st F/up		
Date of 2 nd F/up		

Result / Improvement:

Signature of Student

Signature of Teacher