



Ministry of Health & Family Welfare
Government of India



National Tuberculosis Elimination Program “100 Days Campaign”



Institute of Teaching and Research in Ayurveda
Institute of National Importance
Ministry of Ayush
Jamnagar, Gujarat



**ELIMINATION OF
TUBERCULOSIS
(TB)**

Highlights of the 100 Days



**Ni-kshaya
Shapath**

**24-25 January
2025**



**Awareness
Guest
Lectures**

**Jan.-Feb
2025**



**Several
Competitions**

**March
2025**



**Registration
in Nikshay
Mitra Portal**



**Paper
Presentation
Competition**

દ્વારા ક્ષય જાગૃતિ રેલી યોજાઈ...



**Some More
Highlights...**



Awareness Guest Lectures

Higher secondary classes of
Bhavan's Shri A.K. Doshi
Vidyalaya Vikas Gruh, Jamnagar



Jamnagar, Gujarat, India
Pratapnagar, Near Mahila College, Indradeep Society, Ja
361008, India
Lat 22.482156° Long 70.06262°
13/01/25 11:38 AM GMT +05:30

Higher Secondary class of Shree
Kasturba Kanya Vidyalaya Vikas
Gruh, Jamnagar



Jamnagar, Gujarat, India
3, Rd Number 2, Patel Colony, Jamnagar, Gujarat
361008, India
Lat 22.483893° Long 70.061097°
11/01/25 11:08 AM GMT +05:30



Guest Lecture January 24, 2025

- **Speaker:** Dr. Nirmal Prajapati, WHO Consultant, Central TB Division, Rajkot Region.
- **Topic:** Basic NTEP and Newer Updates
- **Venue:** Dr. P.M. Mehta Auditorium, ITRA for faculty, staff, and scholars of ITRA.

25/1/2025

Ni-kshaya Shapath



24/1/2025

Jamnagar, Gujarat, India

Chanakya Bhavan, Opp. Relince Super Mall, F3g7+393, Gujarat Ayurved
University, Valkeshwari, Park Colony, Jamnagar, Gujarat 361008, India

Awareness Rally

- 300 scholars and faculty members of ITRA participated.
- The rally focused on educating the local communities about TB prevention and early diagnosis, including awareness regarding collective efforts in eradicating the disease.



25/1/2025

Guest Lecture

January 29, 2025

- **Speaker:** Dr. Palak Ganatra, City TB Officer, Jamnagar Municipal Corporation
- **Topic:** Diagnosis and New Treatment protocol and follow-up mechanism in NTEP
- **Venue:** Dr. P. M. Mehta Auditorium, ITRA for faculty, staff, and scholars of ITRA.

Jamnagar, Gujarat, India

Chanakya Bhavan, Opp. Reliance Super Market,
Ayurved University, Valkeshwari, Park Colony,
361008, India

Lat 22.475278° Long 70.06351°

29/01/25 04:13 PM GMT +05:30



30/1/2025



Registration in Nikshay Mitra Portal

- Distributed *Chyavanprasha* to 80 (50 rural +30 urban) MDR-TB patients for 2 months (approx. 48 kg).
- In the 2nd round, 50 patients were provided *Chyavanprash* for the next 2 months.



Awareness Lectures February 14, 2025

- Conducted an awareness lecture at the Primary Health Centre, Dared, District Jamnagar.
- The session was intended to educate the community on TB prevention and management.
- Attended by 45 local residents.



Jamnagar, Gujarat, India

Chanakya Bhavan, Opp. Relince Super Mall, F3g7+393,
Gujarat Ayurved University, Valkeshwari, Park Colony,
Jamnagar, Gujarat 361008, India
Lat 22.475189° Long 70.06353°
17/03/2025 06:11 PM GMT +05:30



Jamnagar, Gujarat, India

Chanakya Bhavan, Opp. Relince Super Mall, F3g7+393,
Gujarat Ayurved University, Valkeshwari, Park Colony,
Jamnagar, Gujarat 361008, India
Lat 22.47521° Long 70.063528°
17/03/2025 05:59 PM GMT +05:30

Paper Presentation Competition March 17, 2025

- **Venue:** Dr P M Mehta Auditorium, ITRA, Jamnagar, for the students of ITRA.
- A total of **18 scholars of ITRA** participated in this competition.
- Dr. Rahul Gandhi, Assistant Professor, Panchakarma Dept., Dr. Sagar Bhinde, Assistant Professor, Kaumarbharitya Dept., Dr. Sipika Swati, Assistant Professor, Striroga Evam Prasuti Tantra Dept. served as Judges in this competition.

**SCREENING CAMP
(NIKSHAY SHIVIR) IN
OPD NO. 8 (TB and
CHEST OPD) at ITRA,
Jamnagar**

Total Patients- 105

S. N.	Date of Camp	No. of Patients
1.	07/02/25(Friday)	22
2.	10/02/25(Monday)	13
3.	14/02/25(Friday)	15
4.	21/02/25(Friday)	15
5.	28/02/25(Friday)	12
6.	07/02/25(Friday)	14
7.	21/02/25(Friday)	14

SLOGAN COMPETITION

“100-DAYS INTENSIFIED TB ELIMINATION CAMPAIGN”

Organised by: Department of Kayachikitsa, I.T.R.A, Jamnagar

THEMES:

1. **Yes! We can end TB: Commit, Invest, Deliver**
2. **Join hands against TB.**
3. **Fight TB before it attacks you**



PRIZE MONEY

- 1st Prize: 1500/- Rs.
- 2nd Prize: 1000/- Rs.
- 3rd Prize: 500/- Rs.

(For both categories)

DATE OF REGISTRATION: 8/2/2025

Slogan Competition

Total Participants- 40

Last date of submitting Slogan (with all edits):
(on email ID hdv@itra.edu.in) **13/02/2025**

RESULT OF SLOGAN COMPETITION

“100-DAYS INTENSIFIED TB ELIMINATION CAMPAIGN”

THEMES:

1. **Yes! We can end TB: Commit, Invest, Deliver**
2. **Join hands against TB.**
3. **Fight TB before it attacks you**

WINNERS

Category 1

(UG students, interns,
Pharmacy and Yoga students)

- 1st Janshi Chauhan
- 2nd Prakash Madaam

Category 2

(M.D./M.S., Ph.D. scholars of ITRA)

- 1st Jhanvi Saravaiya
- 2nd Disha Chhatbar
- 3rd Nareshkumar Chaudhari

Organised by: Department of Kayachikitsa, I.T.R.A, Jamnagar

JINGLE COMPETITION

RESULT OF JINGLE COMPETITION



“100 –DAYS INTENSIFIED T.B. ELIMINATION CAMPAIGN”

100 DAYS INTENSIFIED T.B. ELIMINATION CAMPAIGN

Organised by: Department of Kayachikitsa, I.T.R.A Jamnagar

Themes:

- REDUCING STIGMATIZATION OF TUBERCULOSIS
- MYTHS AND FACTS ABOUT TUBERCULOSIS
- IMAGINE A WORLD WITHOUT T.B.

Themes:

- REDUCING STIGMATIZATION OF TUBERCULOSIS
- MYTHS AND FACTS ABOUT TUBERCULOSIS
- IMAGINE A WORLD WITHOUT T.B.

LAST DATE OF REGISTRATION: 8/2/2025

FOR REGISTRATION:

<https://docs.google.com/forms/d/1eWWgGeQyfQc-PDDch98-5vcXVHYAja7m6b7EWHsAVPA/e>

Last date of submitting Jingle (with all edits):

13/02/2025

Jingle Competition (ittra.edu.in)

Total Participants: 13

WINNERS

Category 1

1st - Kushagra Trivedi
2nd - Bansil Amrutiya
3rd - vd Aastha Jain

Category 2

1st - Vishal dodiya
2nd - Akshat Magluria
3rd - Akshay Prajapat

Eligibility criteria

Category 1: UG students, interns, Pharmacy and Yoga students, Category 2: M.D./M.S.Ph.D. scholars

Organised by: Department of Kayachikitsa, I.T.R.A Jamnagar

Mr. Kushagra Trivedi
B.Pharm (Ayu.), 4th Year

कल्पना करो वो, सुनहरी ज़मीं
जहाँ हो ना टी.बी., वहाँ ज़िंदगी सही।

इलाज है संभव, उम्मीद है बाकी,
सही दवाओं से, जीत पक्की है हमारी।

भेदभाव छोड़ो, साथ तुम निभाओ,
टी.बी. को साथ मिल, दूर तुम भगाओ

Category -1
(UG, Intern, Pharmacy students)



Audio of Jingle

"IMAGINE A WORLD WITHOUT TB"

**Imagine a world without TB,
Where everyone breathes freely.
No cough, no pain, no suffering,
A future bright and healthy!**

**Where hope and care are in the air,
And every heart is light.
No fear, no tears, just joyful years,
And dreams that take their flight.**

**So let's unite, and fight the fight,
With courage bold and true.
Imagine a world without TB,
And make it come alive for me and you!**

**-By Bansil Shantilal Amrutiya
(intern doctor)
ITRA Jamnagar**

**Mr. Bansil Amrutiya
Intern, ITRA**



Audio of Jingle

IMAGINE A WORLD WITHOUT T.B.

वो दृश्य कितना सुखद होगा
जब विश्व सारा सफल होगा
टी.बी. जैसी आफत का आतंक जब
अपनी जड़ से ही विफल होगा
न डरने की है बात कोई
ये जंग अभी भी बाकी है
आयुर्वेद योग के ज्ञान सहित
हिम्मत अभी भी बाकी है
खुश हो खुशहाल हो
पूरे विश्व का ये हाल हो
नाममात्र इस बीमारी का
पूरे जोश से संहार हो
दो हफ्तों की हो खांसी भले
या हो साथ में सर्दी बुखार
रोग के है लक्षण यह
नहीं करना है इनको इंकार
सबसे पहला दायित्व हमारा है
अपनी जान को बचाना है
साथ मिलकर
संग लड़कर
हमें टी.बी. को हराना है
जब न तड़पेगा कोई इस बीमारी से
वो दृश्य बहुत सुखद होगा



Vd. AASTHA JAIN
E.D.Y.T
DEPT. OF SWASTHAVRITTA AND YOGA
ITRA, JAMNAGAR



Vd. Aastha Jain
EDYT, Dept. of Swasthvritta and
Yoga



Audio of Jingle

TB है एक infection, इसमे ना कोई genetics
अमीर-गरीब ना देखता ये रोग है बड़ा ढीट

TB से रहो बचके, अपनी immunity करो increase
पर छूनेसे नहीं फैलता ये याद कर लेना please

15 दिनों से हो खांसी, तो जाओ सरकारी clinic

और TB हुआ तो???

उपलब्ध है लाजवाब इलाज, हो जाएगा finish
उपलब्ध है लाजवाब इलाज, हो जाएगा finish

पर छूनेसे नहीं फैलता ये याद कर लेना please...

Category -2

(PG, Ph.D. Scholars)



Dr. Vishal Dodiya
Ph.D. Scholar, RSBK dept.,
ITRA



Audio of Jingle

:

[Verse 1]

आओ करें बात, हम-तुम खुलकर आज
टीबी है चुनौती, नहीं है कोई लाज
छुपाओ न ये बात, करो बुलंद तुम आवाज़
मिलकर लड़ेंगे इससे, इसका सरल है इलाज

[Hook]

टीबी से डरना नहीं
संभलो बस मुकरना नहीं
हाथ से मिलाओ हाथ
हारकर बिखरना नहीं

[Verse 2]

साथ दो, हाथ दो
मरीज़ का साथ छोड़ना नहीं
दवा और प्यार दो
उम्मीद की किरण तोड़ना नहीं

[Final Hook]

टीबी से डरना नहीं...
टीबी से डरना नहीं...
टीबी से डरना नहीं...
टीबी से डरना नहीं...



Dr. Akshat Mangluria
Ph.D. Scholar, RSBK dept., ITRA



Audio of Jingle

"टी बी नहीं छुआछूत की बीमारी..."
"क्यों खाँसते रहते हो मुँह पर बारी-बारी..."
"छूने से नहीं, खाँसी से होती ये बीमारी..."
"आओ सब मिलकर उठाएँ, इससे मुक्ति की ज़िम्मेदारी!"
"कौन कहता है, इसका नहीं है कोई इलाज!"
"दवाइयों के रूप में, AKT है कारगर आज!"
"अमीरी और गरीबी का, नहीं इसपर कोई धाक!"
"टीबी मुक्त भारत की, मिलकर लगाए हाक!"
"लोगों की है समझ, ठीक होने पर दवाई है रोकना, ना...!"
"निश्चित काल तक, AKT लेना ही है कर्तव्य अपना!"
"सजगता लाए, जागरूकता बढ़ाए,"
"आओ टीबी मुक्त भारत हम बनाए!"



Dr. Akshay Prajapat
M.D. scholar, Swasthvritta dept., ITRA



Audio of Jingle



Quiz Competition March 24, 2025

- 1st round for Quiz competition was held on 10/3/25, in which a total 28 scholars of ITRA participated, and out of which the top 16 participants were selected based on merit in the MCQ test.
- The final round was conducted on 24/3/2025 at Dr. P. M. Mehta auditorium, Jamnagar, in which 16 selected students were randomly divided into four teams, and a quiz competition was conducted



QUIZ COMPETITION



Organized by
Department of Kayachikitsa

As a part of
"100 days intensified TB elimination campaign"
& World Tuberculosis (TB) Day

Open For : Scholars of ITRA
(UG, Interns, PG & Ph.D, Pharmacy, Yoga courses)

Topics :

- Ayurveda approach for understanding Tuberculosis
- Pathophysiology of Pulmonary Tuberculosis
- Diagnostic tools for Tuberculosis
- Role of Rasayana in management of Tuberculosis
- Advances and updates in the diagnosis and management of Pulmonary Tuberculosis



Institute of Teaching and Research in Ayurveda
Institute of National Importance, Ministry of Ayush
Government of India
Jamnagar, Gujarat



Supervisor:
Dr.Dhananjay Patel

WINNER TEAM:
Dr.Seema
Kushwaha
Dr.Shital Sarang
Dr.Akash Bhoghra
Ms.Jonsi Bhalani

RUNNER UP TEAM:
Dr.Akshat Magluria
Dr.Apurva Ketkar
Dr.Sameer Khan
Mr.Ajay Ghoghri

Thank you...

