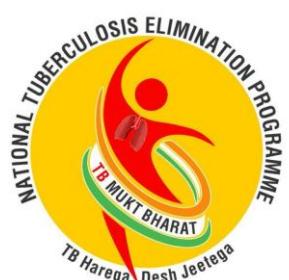




Ministry of Health & Family Welfare
Government of India



National Tuberculosis Elimination Program “100 Days Campaign”

Institute of Teaching and Research in Ayurveda
Institute of National Importance
Ministry of Ayush
Jamnagar, Gujarat



**ELIMINATION OF
TUBERCULOSIS
(TB)**

Highlights of the 100 Days



Ni-kshaya Shapath

24-25 January
2025

30th January
2025



Awareness Guest Lectures

Jan.-Feb
2025

Registration in Nikshay Mitra Portal

17th March
2025



Paper Presentation Competition

March
2025



Several Competitions

જામ્યુફો દ્વારા દરબારગઢ સર્કલભાં ગણતંત્ર,

नवर अमोन मैटलान मूल्य क्षितिकारी शब्द, अनेक क्षय, तंत्रज्ञ अम.टी. प्राप्तनस से २२ छाना मैटलियान रेस्टरेंट कर्मा क्षमता दी. संख्या प्रैमा, पंच दंडन, सदामालाई	नारेला अनेक नाईबालाई नारेला वर्तने तिम दारा युद्ध युद्ध पार्व देविकार्पाल वर्तने खेदने वाला आपकम पोशाकाम आप्या लाला, ज्ञान दर्शनी नारा चर्चापामा अग्रामा मैटलियान रेस्टरेंट कर्मा क्षमता दी. संख्या प्रैमा, पंच दंडन, सदामालाई	आजायीप वरना नीताणी काली ज्ञान आत वर्तने आलाकाना दर्शन देवा तो वामा मुहामा दहो इकलीन दीर्घने पक्ष नाना अजुकाना सर्वतोन यज्ञाम प्रेमी नाराजानाम मैटलियान युद्धी वापी लाली आत ज्ञानीप लाली, अनेक खेन्द रेस्टरेंट आपेक्ष नियमाणे काली
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ઇદ્રા દ્વારા કથ્ય જાગૃતિ રેલી અને નિકથ્ય શપથ



ઇંગ્રિડ ક્રારા કથ્ય જાગૃતિ રેલી અને નિકથ્ય શપર્સ



રમાં ઈથું દ્વારા કથ્ય જાગૃતિ રેલી અને નિક્ષય શપથ લેવામાં આ



Some More Highlights...

ક્રારા કથ્ય જાગૃતિ રેલી યોજાઈ...



Some More Highlights...

Awareness Guest Lectures

Higher secondary classes of
Bhavan's Shri A.K. Doshi
Vidyalaya Vikas Gruh, Jamnagar

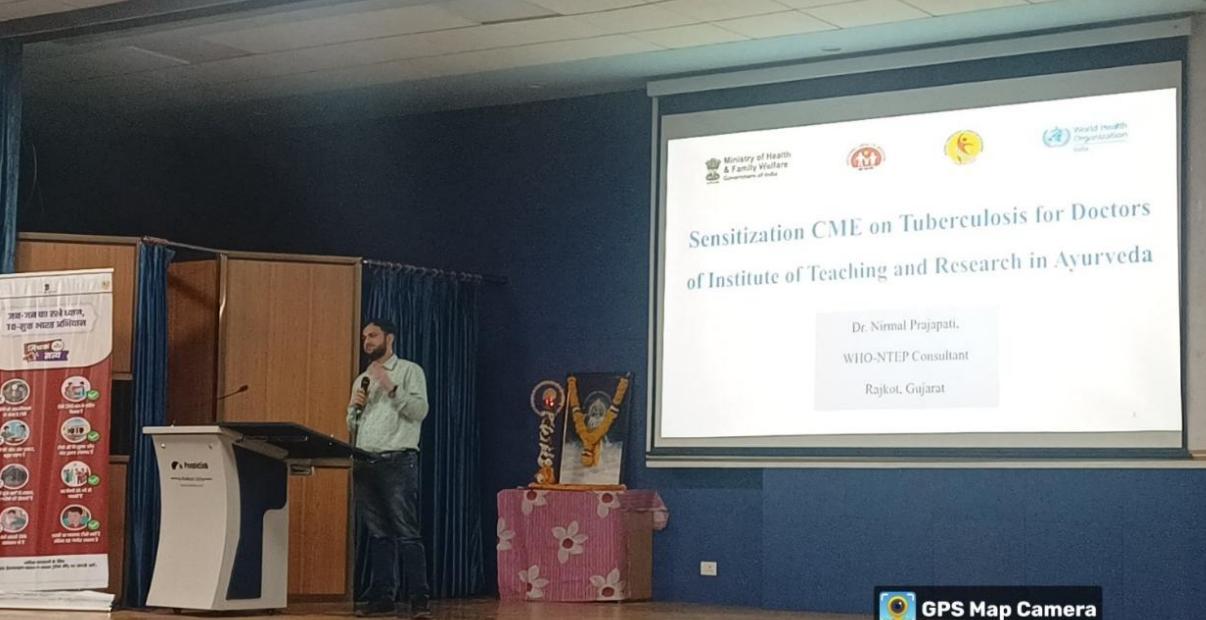
Higher Secondary class of Shree
Kasturba Kanya Vidyalaya Vikas
Gruh, Jamnagar



Jamnagar, Gujarat, India
Pratapnagar, Near Mahila College, Indradeep Society, Ja
361008, India
Lat 22.482156° Long 70.06262°
13/01/25 11:38 AM GMT +05:30



GPS Map Came
Jamnagar, Gujarat, India
3, Rd Number 2, Patel Colony, Jamnagar, Gujarat
361008, India
Lat 22.483893° Long 70.061097°
11/01/25 11:08 AM GMT +05:30



Guest Lecture

January 24, 2025

- **Speaker:** Dr. Nirmal Prajapati, WHO Consultant, Central TB Division, Rajkot Region.
- **Topic:** Basic NTEP and Newer Updates
- **Venue:** Dr. P.M. Mehta Auditorium, ITRA for faculty, staff, and scholars of ITRA.

25/1/2025



Ni-kshaya Shapath



24/1/2025



Jamnagar, Gujarat, India

Chanakya Bhavan, Opp. Relince Super Mall, F3g7+393, Gujarat Ayurved
University, Valkeshwari, Park Colony, Jamnagar, Gujarat 361008, India

Awareness Rally

- 300 scholars and faculty members of ITRA participated.
- The rally focused on educating the local communities about TB prevention and early diagnosis, including awareness regarding collective efforts in eradicating the disease.



Guest Lecture

January 29, 2025

- Speaker:** Dr. Palak Ganatra, City TB Officer, Jamnagar Municipal Corporation
- Topic:** Diagnosis and New Treatment protocol and follow-up mechanism in NTEP
- Venue:** Dr. P. M. Mehta Auditorium, ITRA for faculty, staff, and scholars of ITRA.



Jamnagar, Gujarat, India
Chanakya Bhavan, Opp. Relince Super M
Ayurved University, Valkeshwari, Park Co
361008, India
Lat 22.475278° Long 70.06351°
29/01/25 04:13 PM GMT +05:30





Registration in Nikshay Mitra Portal

- Distributed *Chyavanprasha* to 80 (50 rural +30 urban) MDR-TB patients for 2 months (approx. 48 kg).
- In the 2nd round, 50 patients were provided *Chyavanprash* for the next 2 months.



Awareness Lectures

February 14, 2025



- Conducted an awareness lecture at the Primary Health Centre, Dared, District Jamnagar.
- The session was intended to educate the community on TB prevention and management.
- Attended by 45 local residents.

Jamnagar, Gujarat, India
2, Patel Samaj Rd, Gidc Phase-2, Dared, Jamnagar, Gujarat
361006, India
Lat 22°40'8.743" Long 70°0'52.336"

Jamnagar, Gujarat, India
2, Patel Samaj Rd, Gidc Phase-2, Dared, Jamnagar, Gujarat
361006, India
Lat 22°40'8.722" Long 70°0'52.336"



Paper Presentation Competition March 17, 2025

- **Venue:** Dr P M Mehta Auditorium, ITRA, Jamnagar, for the students of ITRA.
- A total of **18 scholars** of ITRA participated in this competition.
- Dr. Rahul Gandhi, Assistant Professor, Panchakarma Dept., Dr. Sagar Bhinde, Assistant Professor, Kaumarbhritya Dept., Dr. Sipika Swati, Assistant Professor, Striropa Evam Prasuti Tantra Dept. served as Judges in this competition.

**SCREENING CAMP
(NIKSHAY SHIVIR) IN
OPD NO. 8 (TB and
CHEST OPD) at ITRA,
Jamnagar**

Total Patients- 105

S. N.	Date of Camp	No. of Patients
1.	07/02/25(Friday)	22
2.	10/02/25(Monday)	13
3.	14/02/25(Friday)	15
4.	21/02/25(Friday)	15
5.	28/02/25(Friday)	12
6.	07/02/25(Friday)	14
7.	21/02/25(Friday)	14

SLOGAN COMPETITION

“100-DAYS INTENSIFIED TB ELIMINATION CAMPAIGN”

Organised by: Department of Kayachikitsa, I.T.R.A, Jamnagar

THEMES:

1. Yes! We can end TB: Commit, Invest, Deliver

2. Join hands against TB.

3. Fight TB before it attacks you



PRIZE MONEY

1st Prize: 1500/- Rs.

2nd Prize: 1000/- Rs.

3rd Prize: 500/- Rs.

(For both categories)

Slogan Competition

DATE OF REGISTRATION: 8/2/2025

Total Participants- 40

RESULT OF

SLOGAN COMPETITION

“100-DAYS INTENSIFIED TB ELIMINATION CAMPAIGN”

THEMES:

1. Yes! We can end TB: Commit, Invest, Deliver
2. Join hands against TB.
3. Fight TB before it attacks you

WINNERS

Category 1

(UG students, interns,
Pharmacy and Yoga students)

1st Jhanvi Saravaiya

2nd Prakash Madaam

3rd Disha Chhatbar

Category 2

(M.D./M.S., Ph.D. scholars of ITRA)

1st Jhanvi Saravaiya

2nd Disha Chhatbar

3rd Nareshkumar
Chaudhari

Last date of submitting Slogan (with all edits):

(on email ID hdv@itra.edu.in)

13/02/2025

Organised by: Department of Kayachikitsa, I.T.R.A, Jamnagar

JINGLE COMPETITION

“100 -DAYS INTENSIFIED T.B. ELIMINATION CAMPAIGN”

Organised by: Department of Kayachikitsa, I.T.R.A Jamna



Themes:

- REDUCING STIGMATIZATION OF TUBERCULOSIS
- MYTHS AND FACTS ABOUT TUBERCULOSIS
- IMAGINE A WORLD WITHOUT T.B.

LAST DATE OF REGISTRATION: 8/2/2025

FOR REGISTRATION:

Last date of submitting Jingle (with all edits)

13/02/2025

Jingle Competition

Total Participants: 13

RESULT OF JINGLE COMPETITION

WAYS INTENSIFIED T.B. ELIMINATION CAMPAIGN

Themes:

- REDUCING STIGMATIZATION OF TUBERCULOSIS
- MYTHS AND FACTS ABOUT TUBERCULOSIS
- IMAGINE A WORLD WITHOUT T.B.

WINNERS

Category 1

1st - Kushagra Trivedi
2nd - Bansil Amrutiya
3rd - vd Aastha Jain

Category 2

1st - Vishal dodiya
2nd - Akshat Magluria
3rd - Akshay Prajapati

Eligibility criteria

Category I: UG students, interns, Pharmacy and Yoga students, Category 2: M.D./M.S.Ph.D. scholars

Mr. Kushagra Trivedi
B.Pharm (Ayu.), 4th Year

Category -1
(UG, Intern, Pharmacy students)

कल्पना करो वो, सुनहरी ज़र्मी
जहाँ हो ना टी.बी., वहाँ ज़िंदगी सही।

इलाज है संभव, उम्मीद है बाकी,
सही दवाओं से, जीत पक्की है हमारी।

भेदभाव छोड़ो, साथ तुम निभाओ,
टी.बी. को साथ मिल, दूर तुम भगाओ



Audio of Jingle

• * * * •

"IMAGINE A WORLD WITHOUT TB"

Imagine a world without TB,
Where everyone breathes freely.
No cough, no pain, no suffering,
A future bright and healthy!

Where hope and care are in the air,
And every heart is light.
No fear, no tears, just joyful years,
And dreams that take their flight.

So let's unite, and fight the fight,
With courage bold and true.
Imagine a world without TB,
And make it come alive for me and you!

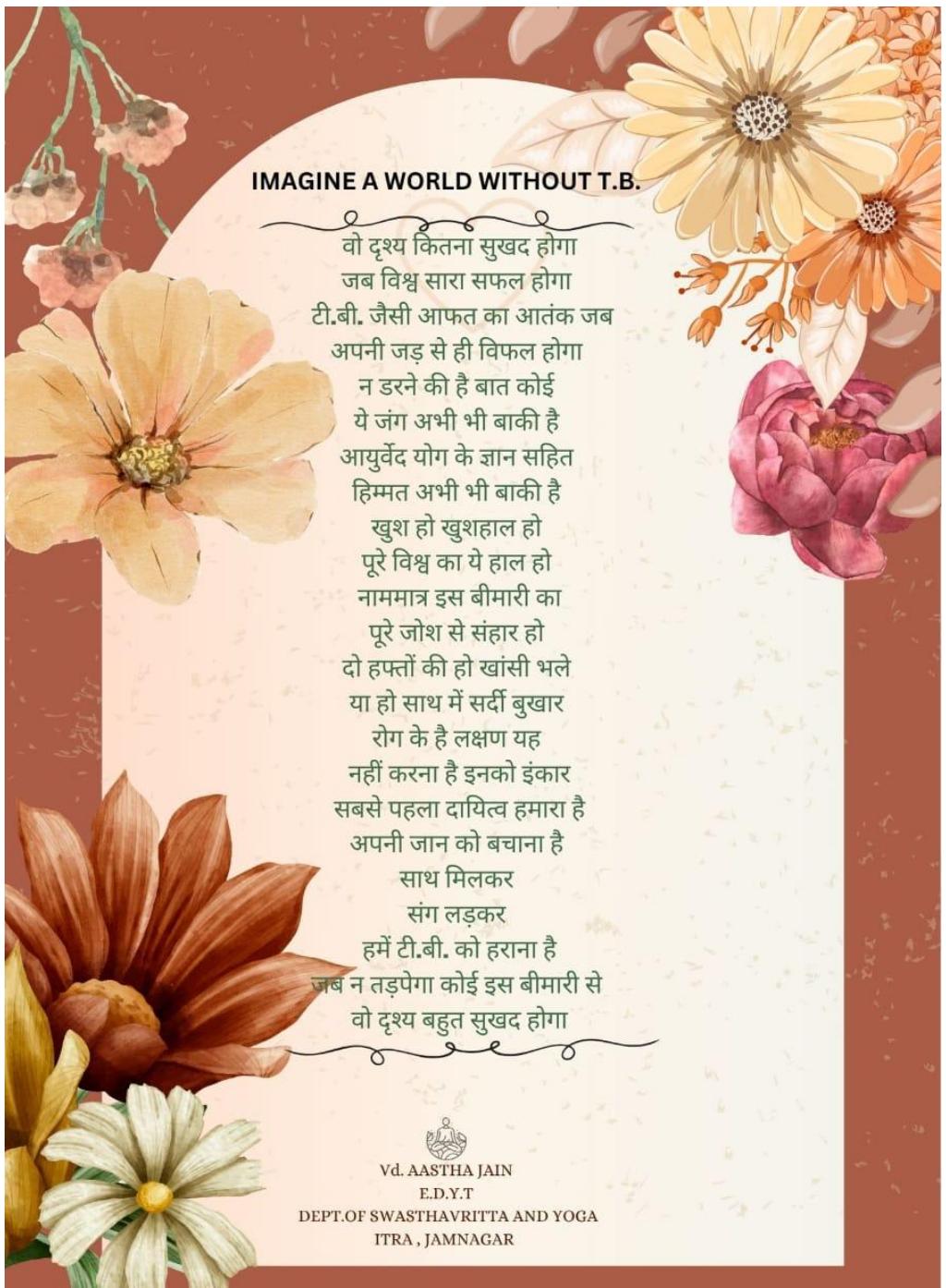
-By Bansil Shantilal Amrutiya
(intern doctor)
ITRA Jamnagar

• * * * •

Mr. Bansil Amrutiya
Intern, ITRA



Audio of Jingle



Vd. Aastha Jain
EDYT, Dept. of Swasthvritta and
Yoga



Audio of Jingle

**TB है एक infection, इसमे ना कोई genetics
अमीर-गरीब ना देखता ये रोग है बड़ा ढीट**

**TB से रहो बचके, अपनी immunity करो increase
पर छूनेसे नहीं फैलता ये याद कर लेना please**

**15 दिनों से हो खांसी, तो जाओ सरकारी clinic
और TB हुआ तो???**

**उपलब्ध है लाजवाब इलाज, हो जाएगा finish
उपलब्ध है लाजवाब इलाज, हो जाएगा finish**

पर छूनेसे नहीं फैलता ये याद कर लेना please...

Category -2 (PG, Ph.D. Scholars)



**Dr. Vishal Dodiya
Ph.D. Scholar, RSBK dept.,
ITRA**



Audio of Jingle

:

[Verse 1]

आओ करें बात, हम-तुम खुलकर आज
टीबी है चुनौती, नहीं है कोई लाज
छुपाओ न ये बात, करो बुलंद तुम आवाज़
मिलकर लड़ेंगे इससे, इसका सरल है इलाज

[Hook]

टीबी से डरना नहीं
संभलो बस मुकरना नहीं
हाथ से मिलाओ हाथ
हारकर बिखरना नहीं

[Verse 2]

साथ दो, हाथ दो
मरीज़ का साथ छोड़ना नहीं
दबा और प्यार दो
उम्मीद की किरण तोड़ना नहीं

[Final Hook]

टीबी से डरना नहीं...
टीबी से डरना नहीं...
टीबी से डरना नहीं...
टीबी से डरना नहीं...



Dr. Akshat Mangluria
Ph.D. Scholar, RSBK dept., ITRA



Audio of Jingle

"टी बी नहीं छुआछूत की बीमारी..."

"क्यों खाँसते रहते हो मुँह पर बारी-बारी..."

"छूने से नहीं, खाँसी से होती ये बीमारी..."

"आओ सब मिलकर उठाएँ, इससे मुक्ति की जिम्मेदारी!"

"कौन कहता है, इसका नहीं है कोई इलाज!"

"दवाइयों के रूप में, AKT है कारगर आज!"

"अमीरी और गरीबी का, नहीं इसपर कोई धाक!"

"टीबी मुक्त भारत की, मिलकर लगाए हाक!"

"लोगों की है समझ, ठीक होने पर दवाई है रोकना, ना...!"

"निश्चित काल तक, AKT लेना ही है कर्तव्य अपना!"

"सजगता लाए, जागरूकता बढ़ाए,"

"आओ टीबी मुक्त भारत हम बनाए!"



Dr. Akshay Prajapat

M.D. scholar, Swasthvritta dept., ITRA



Audio of Jingle



Quiz Competition

March 24, 2025



- 1st round for Quiz competition was held on 10/3/25, in which a total 28 scholars of ITRA participated, and out of which the top 16 participants were selected based on merit in the MCQ test.
- The final round was conducted on 24/3/2025 at Dr. P. M. Mehta auditorium, Jamnagar, in which 16 selected students were randomly divided into four teams, and a quiz competition was conducted



QUIZ COMPETITION

Organized by

Department of Kayachikitsa



Supervisor:
Dr.Dhananjay Patel

WINNER TEAM:
**Dr.Seema
Kushwaha**
Dr.Shital Sarang
Dr.Akash Bhoghra
Ms.Jonsi Bhalani

As a part of
100 days intensified TB elimination campaign
& World Tuberculosis (TB) Day

Open For : Scholars of ITRA

(UG, Interns, PG & Ph.D, Pharmacy, Yoga courses)

Topics :

- Ayurveda approach for understanding Tuberculosis
- Pathophysiology of Pulmonary Tuberculosis
- Diagnostic tools for Tuberculosis
- Role of Rasayana in management of Tuberculosis
- Advances and updates in the diagnosis and management of Pulmonary Tuberculosis

RUNNER UP TEAM:
Dr.Akshat Magluria
Dr.Apurva Ketkar
Dr.Sameer Khan
Mr.Ajay Ghoghri



Institute of Teaching and Research in Ayurveda
Institute of National Importance Ministry of Ayush
Government of India
Jamnagar, Gujarat



Thank you...

