



Institute of Teaching and Research in Ayurveda

(Institute of National Importance)

Ministry of Ayush, Govt. of India, Jamnagar-361008

POST GRADUATE DIPLOMA IN YOGA EDUCATION

(P.G.D.Y.Ed.)

Professional scopes	YogaTeacher/ Trainer/ Instructor, Fitness and Wellness Facilitator, Freelance Yoga Coach, Job opportunities in Yoga Centers/ Studios/ Schools/ Institutions/ Colleges/ Universities/ Corporate Sector/ Research Unit of Yoga etc.
Eligibility	Graduation or equivalent from any faculty other than medical field
Admission criteria	Based on the merit in academic records and performance at the interview.
Seats	25 seats per batch
Age	The maximum age limit shall be 45 (forty five) years for joining.
Fitness	Every applicant has to produce a medical fitness certificate from a registered medical practitioner in the prescribed proforma at the time of joining.
Mode of Teaching	Residential. However, some lectures may be conducted in virtual mode.
Language	English / Hindi
Attendance	Minimum 80% presence in theory and practical classes separately in each subject.
Course Duration	1 year (1650 Hours)
Course Credit	55
Criteria for passing	50% marks in theory and practical separately in each subject
Course fee	Rs. 40,000/-* for Indian students * (including refundable fees as well as examination and certificate fees) \$ 1450 USD for Foreign nationals
Last Date for submission of application form	31 st July 2024
Contact us	Department of Swasthavritta, Room No. 5, Dhanvantari Mandir, ITRA campus, Jamnagar-361008, Phone No.: 0288-2770103; email: swasthavritta@itra.edu.in , Website: https://itra.ac.in
