



Institute of Teaching and Research in Ayurveda

(Institute of National Importance)

Ministry of Ayush, Govt. of India, Jamnagar-361008

EXECUTIVE DIPLOMA IN YOGA THERAPY

(E.D.Y.T.)

| | |
|---|--|
| Professional scopes | Yoga Therapy Consultant, Corporate Wellness Consultant, Lifestyle and Mental Wellness Counselor, Occupational Health Consultant, Rehabilitation Facilitator, Public Health Educator, Research in the field of Yoga, Job opportunities in Yoga Therapy Centers/Studios, Institutions, Colleges, Universities etc. |
| Eligibility | Graduation from any medical faculty (B.A.M.S., B.N.Y.S., B.U.M.S., B.S.M.S., M.B.B.S., B.D.S., B.P.T.) or equivalent OR M.Sc./M.A. in Yoga Therapy |
| Admission Criteria | Based on the merit in academic records and performance at the interview |
| Seats | 25 seats per batch |
| Age | The maximum age limit shall be 45 (forty five) years for joining |
| Fitness | Every applicant has to produce a medical fitness certificate from a registered medical practitioner in the prescribed proforma at the time of joining |
| Mode of Teaching | Residential. However, some lectures may be planned in virtual mode |
| Language | English / Hindi |
| Attendance | Minimum 80% presence in theory and practical classes separately in each subject |
| Course Duration | 1 year (1650 Hours) |
| Course Credit | 55 |
| Criteria for passing | 50% marks in theory and practical separately in each subject |
| Course fee | Rs. 40,000/-* for Indian students * (including refundable fees as well as examination and certificate fees) \$ 1450 USD for Foreign nationals |
| Last Date for submission of application form | 31 st July 2024 |
| Contact us | Department of Swasthavritta, Room No. 5, Dhanvantari Mandir, ITRA campus, Jamnagar-361008, Phone No.: 0288-2770103; email: swasthavritta@itra.edu.in , Website: https://itra.ac.in |
