

INSTITUTE OF TEACHING AND RESEARCH IN AYURVEDA
[INSTITUTE OF NATIONAL IMPORTANCE]
MINISTRY OF AYUSH, GOVERNMENT OF INDIA

B. PHARM. (AYU.) III YEAR
RASASHASTRA AND BHAISHAJYA KALPANA III

Question Bank

Section A

Pt. 1) Lavan, Kshara, Masi Kalpana

Long questions (10 marks)-

- 1) Describe Lavan kalpana giving an example.
- 2) Define Kshara and describe Apamarga kshara nirman.
- 3) Describe kshara kalpana in detail
- 4) State importance of Kshara kalpana , its types , use and contra-indications.

Short notes (5 marks)

- 1) Describe lavan Kalpana
- 2) Arka lavan
- 3) What is Masi kalpana? Describe Triphala masi.
- 4) Masi kalpana
- 5) Apamarga kshara nirman

Answer in brief-(2 marks)

- 1) Dose of Narikela lavan
- 2) Define Kshara.
- 3) Use of Arka lavan
- 4) Give two examples of Lavan kalpana

Pt.2) Pathya kalpana

Long questions (10 marks)-

- 1) State importance of Pathya kalpana and describe any four pathya kalpana.
- 2) What is Pathya kalpana ? Describe Saptamusti yusha.
- 3) Describe Manda, Peya, Vilepi, Yusha and Krshara.

Short notes (5 marks)

- 1) Define Pathya kalpana and describe Yavagu and Yusha
- 2) Saptmusti yusha

Answer in brief-(2 marks)

- 1)Preparation of Manda.
- 2)Define Yusha
- 3)Ingredients of Saptmusti yusha
- 4)State use of Saptmusti yusha

Pt.3)Sneha kalpana

Long questions (10 marks)-

- 1) Write preparation method,paka siddhi lakshan and shelf- life of Sneha kalpana.
- 2) State the importance of Sneha kalpana and describe Pinda taila.
- 3) Define Sneha kalpana and describe Amrita ghrita.
- 4) What is murchana? Describe til taila murchana.
- 5) Write about Sneha kalpana in detail.

Short notes (5 marks)

- 1) Describe a Sneha kalpana formulation that you have prepared.
- 2)Taila siddhi lakshan.
- 3) Sneha siddhi lakshan.
- 4)Jatyadi ghrita

Answer in brief-(2 marks)

- 1)Shelf-life of Sneha kalpana
- 2)State types of Sneha kalpana giving two examples of each.
- 3)Dose of Amrita ghrita.
- 4)Use of Kshirbala taila

Pt.4)Arka kalpana

Answer in brief-(2 marks)

- 1)Write about Arka kalpana in detail.
- 2)Describe how Arka can be prepared with suitable diagram

Short notes (5 marks)

- 1)Mishreya arka
- 2)Arka patan yantra

Long questions (10 marks)-

- 1) Arka kalpana is useful for which kind of dravya's?
- 2)English name of Arka patan yantra

Section B

Pt.1)Concept of Parada Jarana and Murcchana

Long questions (10 marks)-

1)Describe Parada Murcchana

Short notes (5 marks)

1)Write about Parada murchanna.

2)Parada Jarana

Answer in brief-(2 marks)

1)Define Parada murcchana.

2)What is Parada Sagandha Murcchana?

3)Define Parada Jarana

Pt.2)Mercurial preparation-Kupipakva rasayana, Pottali.

Long questions (10 marks)-

1)Describe preparation method of Rasasindura.

2)Define Kupipakva rasayan and describe its preparation method.

3)Describe Pottali kalpana.

4)State the importance ,types and shelf-life of Kupipakva rasayan.

5)Define Pottali and describe Hemagarbha pottali.

6)Write in detail about Raskarpura.

7)Why are Kupipakva rasayan named so? Describe anyone in detail.

Short notes (5 marks)

1) Describe the signs indicating when the Kupi should be corked.

2)Define Kupipakva rasayana and describe its types.

3) Hemagarbha pottali

4)Rasakarpura

5)Pottali kalpana

Answer in brief-(2 marks)

1)Dose of Rasasindura and its anupan

2)State the precautions to be taken while preparing Kupipakva rasayan.

3)Give two examples of Nirgandha kupipakva rasayan

Pt.3) Introduction etc. of Uparasa, Sadharana rasa

Long questions (10 marks)-

1) Name the Uparasa and describe Gandhak in detail.

2)Write in detail about Hartala.

3) Name the Sadharan rasa and describe Kapardika shodhan, maran,dose and use.

- 4) Write the Shodhan, maran, dose, use and formulations of Gairika and Kasis.
- 5) Give samanya shodhan of Sadharana rasa dravyas and describe Hingula.
- 6) Give Formula of the Uparasa dravyas and describe Manashila.

Short notes (5 marks)

- 1) Kampillaka
- 2) Kapardika shodhan and maran
- 3) Gairika
- 4) Rasamanikya
- 5) Describe Kasis maran.
- 6) Describe a formulation of Gandhak.

Answer in brief-(2 marks)

- 1) Name two formulations of Kasisa
- 2) Give formula of Manashila and its English name
- 3) Give antidote of Hartala
- 4) Types of Manashila
- 5) State specific test for Hartala bhasma.
- 6) Name four formulations of Gandhak
- 7) Give two synonyms of each of the Uparasa.
- 8) Give the English name and formula of each of the Uparasa.
- 9) Give ingredient of Rasamanikya.
- 10) Antidotes of Somala.
- 11) 'Kusthari' is the synonym of which dravya?

Pt.4) Introduction etc. of Visha and Upvisha

Long questions (10 marks)-

- 1) Name the Upvisha and describe any one in detail.
- 2) Describe Vatsnabha in detail.
- 3) Write in detail about Jaypal.
- 4) Give shodhan, use, toxicity, antidote and two formulations of Bhallataka and Kupilu.
- 5) Name the Upvisha and describe 'Vishtinduka'.
- 6) What is schedule E(I)? Describe Vatsnabha.

Short Notes (5 marks)

- 1) Jaypal
- 2) Bhallataka
- 3) Jaypal shodhan

Answer in brief-(2 marks)

- 1) What is Schedule –E? Enlist it.
- 2) Define Visha and state the Visha and Upvisha giving two synonyms of each.
- 3) Signs of toxicity of Vatsnabha and its antidote.
- 4) State toxicity of Jaypal and its antidote or vikar-nivaran
- 5) Give latin names of Vatsnabha and Kupilu.

- 6) Method of Vatsnabha shodhan.
- 7) Ill-effects of Bhallataka and its antidote.
- 8) Bhallataka shodhan vidhi.
- 9) Lakshan of Grahya Bhallataka.

Pt.5 Schedule E-1 drugs (List)

Answer in brief-(2 marks)

- 1) Enlist the drugs of schedule –E-1
- 2) Name the mineral dravyas of schedule E-1