

INSTITUTE OF TEACHING AND RESEARCH IN AYURVEDA
[INSTITUTE OF NATIONAL IMPORTANCE]

MINISTRY OF AYUSH, GOVERNMENT OF INDIA

D. PHARM. (AYU.) II YEAR

FUNDAMENTALS OF ROGA NIDAN EVAM CHIKITSA

Question Bank

PART A

2 MARKS

1. Write the definition of vyadhi
2. What is meant by Vyadhi?
3. Give two definitions of Vyadhi
4. Define Nidana
5. Give two definitions of Nidana
6. Define Purvarupa write the types of Purvarupa
7. Write various synonyms of Vyadhi
8. What are the types of Purvarupa?
9. Define Rupa
10. What is meant by Upashaya
11. Write the synonyms of Rupa
12. What are the types of Upashaya?
13. Write the major classification of Upashaya
14. What is meant by Hetu Viparita
15. What is Vyadhi Viparita
16. What is Hetu Vyadhi Viparita/Ubhaya Viparita
17. Hetu Viparitarthakari
18. Vyadhi Viparitarthakari
19. Hetu Vyadhi Viparitarthakari
20. Define Upashaya
21. What is the difference between Upashaya and Anupashaya
22. Define Samprapti
23. Write the types of Samprapti according to Charakacharya
24. What are the types of Samprapti
25. Define Samkhya Samprapti
26. What is Pradhanya Samprapti?
27. What is Vikalpa Samprapti
28. Define Bala Samprapti
29. Define Kala Samprapti
30. Describe Swabhavika Vyadhi
31. What is Agantuja Vyadhi?

32. What is meant by Nija Vyadhi?
33. Write the major classification of Vyadhi
34. Write the classification of Adhyatmika Vyadhi
35. Define Adhibhoutika Vyadhi
36. Enumerate Adhidaivika Vyadhi
37. Write the types of Adibalapravrutta Vyadhi
38. What are the types of Janmabalapravrutta Vyadhi
39. What is Doshabala pravrutta Vyadhi?
40. Types of Dosha Bala Pravrutta Vyadhi
41. Write the types of Lalabalapravrutta Vyadhi
42. Define Daivabala pravrutta Vyadhi
43. Write types of Daivabala Pravrutta Vyadhi
44. Trividha Vyadhi
45. Trividha Hetu
46. Define Ama
47. Write any two definitions of Ama
48. What are the Lakshanas of Ama?
49. Write the characteristics feature of Ama in body
50. Define Sanchaya
51. What is Prakopa
52. Enumerate Prakopa with two similes
53. What are the six kriyakalas mentioned by Acharya Sushruta?
54. Define Kriyakala
55. Enumerate Shatkriyakala
56. Describe Prasara
57. Define Sthanasamshtaya
58. What is Vyaktavastha and Bhedavastha?
59. Enumerate Trividha Pareeksha
60. List the Dashavidha Pareeksha Bhavas
61. What is Saratah Pareeksha?
62. Samhanana Pareeksha
63. Satva Pareeksha
64. Define Satmya Pareeksha
65. What means Ekarasa Satmya
66. Describe Bahurasa Satmya
67. Vayatah Pareeksha
68. Pramana Pareeksha
69. Define Prashna Pareeksha
70. Define Darshana Pareeksha
71. Define Sparshana Pareeksha
72. Characters of increased Rasa Dhatu (Rasa Vruddhi Lakshana)
73. Characters of increased Rakta Dhatu (Rakta Vruddhi Lakshana)
74. Characters of increased Mamsa Dhatu (Mamsa Vruddhi Lakshana)
75. Characters of increased Meda dhatu (Meda Vruddhi Lakshana)

76. Characters of increased Asthi Dhatu (Asthi Vruddhi Lakshana)
77. Characters of increased Majja Dhatu (Majja Vruddhi Lakshana)
78. Characters of increased Mamsa Dhatu (Shukra Vruddhi Lakshana)
79. Characters of decreased Rasa Dhatu (Rasa Kshaya Lakshana)
80. Characters of decreased Rakta Dhatu (Rakta Kshaya Lakshana)
81. Characters of decreased Mamsa Dhatu (Mamsa Kshaya Lakshana)
82. Characters of decreased Meda dhatu (Meda Kshaya Lakshana)
83. Characters of decreased Asthi Dhatu (Asthi Kshaya Lakshana)
84. Characters of decreased Majja Dhatu (Majja Kshaya Lakshana)
85. Characters of decreased Shukra Dhatu (Shukra Kshaya Lakshana)
86. Characters of increased Vata Dosha (Vata Vruddhi Lakshana)
87. Characters of increased Pitta Dosha (Pitta Vruddhi Lakshana)
88. Characters of increased Kapha Dosha (Kapha Vruddhi Lakshana)
89. Characters of decreased Vata Dosha (Vata Kshaya Lakshana)
90. Characters of decreased Pitta Dosha (Pitta Kshaya Lakshana)
91. Characters of decreased Kapha Dosha (Kapha Kshaya Lakshana)
92. Characters of increased Stool (Purisha) [Purisha Vruddhi Lakshana]
93. Characters of increased Sweat (Sweda) [Sweda Vruddhi Lakshana]
94. Characters of increased Urine (Mutra) [Mutra Vruddhi Lakshana]
95. Characters of decreased Stool (Purisha) [Purisha Kshaya Lakshana]
96. Characters of decreased Sweat (Sweda) [Sweda Kshaya Lakshana]
97. Characters of decreased Urine (Mutra) [Mutra Kshaya Lakshana]
98. Enumerate the factors of Janapadodhwamsa
99. Write the components of Nidana Panchaka
100. Enumerate Ashtavidha Pareeksha

5 MARKS

1. Write various classification of Vyadhi
2. Define Nidana and its importance
3. Describe Trividha Hetu
4. Give an account on Prajnaparadha
5. Describe Asatmya indriyarthasamyoga and its significance
6. What is the significance of Kala in Rogotpatti
7. Write a short note on Poorvarupa
8. Describe types of Poorvarupa
9. Depict Rupa and its significance
10. Describe Upashaya and its importance
11. Define Samprapti and its classification
12. Give an account on various types of Samprapti
13. Ama and its importance
14. Define Ama, its characteristics and its role in producing Vyadhi
15. Define sanchana and its importance
16. Define Prakopa and its significance

17. Describe Prasaravastha and its importance in Chikitsa
18. Explain Sthanasamshraya and its importance
19. Describe Darshana Pareeksha with examples
20. Explain Prashana Pareeksha in diagnosing the disease
21. Describe Sparsha Pareeksha
22. Enumerate Dashavidha Pareeksha Bhava and explain Prakriti Pareeksha
23. Enumerate Dashavidha Pareeksha Bhava and explain Vikruti Pareeksha
24. Enumerate Dashavidha Pareeksha Bhava and explain Sarata Pareeksha
25. Enumerate Dashavidha Pareeksha Bhava and explain Satva Pareeksha
26. Enumerate Dashavidha Pareeksha Bhava and explain Samhanan Pareeksha
27. Enumerate Dashavidha Pareeksha Bhava and explain Satmya Pareeksha
28. Enumerate Dashavidha Pareeksha Bhava and explain Pramana Pareeksha
29. Enumerate Dashavidha Pareeksha Bhava and explain Vayatah Pareeksha
30. Enumerate Dashavidha Pareeksha Bhava and explain Ahara Shakti Pareeksha
31. Enumerate Dashavidha Pareeksha Bhava and explain VyayamaShakti Pareeksha
32. Trividha Pareeksha
33. Importance of Roga Pareeksha
34. Importance of Nidana Panchaka
35. Enumerate the Nidana Panchaka and explain Nidana in brief
36. Enumerate the Nidana Panchaka and explain Purvarupa in brief
37. Enumerate the Nidana Panchaka and explain Rupa with its significance
38. Enumerate the Nidana Panchaka and explain Upashaya in brief
39. Enumerate the Nidana Panchaka and explain Samprapti in brief
40. What is the importance of understanding the concept of Ama?
41. Describe the importance of understanding the concept of Nidana Panchaka

10 MARKS

1. Define Vyadhi/Roga and write its various classifications in detail with examples.
2. What are Nidana Panchaka? Describe Nidana with its classification and importance.
3. Describe Upashaya and its classification with suitable examples.
4. What are Nidana Panchaka? Describe Samprapti and its classification and its significance
5. Enumerate Nidana Panchakas. Write about Upashaya with its classification. What is Anupashaya explain with suitable example.
6. Define Ama with its Lakshanas and importance.
7. Describe Shatkriyakala and their importance in detail.
8. What is meant by Kriyakala, name them and write detail about Sanchayavastha
9. What is meant by Kriyakala, name them and write detail about Prakopavastha
10. What is meant by Kriyakala, name them and write detail about Prasaravastha with suitable examples
11. Describe Kriyakala according to Sushrutacharya with their importance.
12. Describe Trividha Dukha in detail
13. Describe Dashavidha Pareeksha in detail with its importance

14. Explain Trividha Roga Pareeksha with suitable examples.

PART B

2 MARKS

1. Define Chikitsa
2. What is Daivavyapashraya Chikitsa?
3. What is Yuktivyapashraya Chikitsa?
4. What is Satvavajaya Chikitsa?
5. Chikitsa Chatushpada/ Enumerate factors of Chikitsa Chatushpada/ what are included under Chikitsa Chatushpada?
6. Write the qualities of Vaidya/Bhishak/Physician
7. Write the qualities of Rogi/Patient
8. Write the qualities of Dravya/ Drug
9. Write the qualities of Paricharaka/Nurse/ Upasthata
10. What is Upakrama
11. Enumerate Dwividha Upakrama
12. Enumerate Saptavidha Vranopakrama
13. List out the Ashtavidha Shastrakarma
14. Name Shadvidha upakrama
15. Langhana
16. Define Brimhana
17. What is Rukshana therapy
18. Define Snehana therapy
19. Define Sthambhana
20. What is Swedana therapy?
21. Langhana Yogya/ person fit for Langhana therapy
22. Langhana Ayogya/ person unfit for Langhana therapy
23. Brimhana Yogya/person fit for Brimhana therapy
24. Brimhana Ayogya/Person unfit for Brimhana therapy
25. Rukshana Yogya/ person fit for Rukshana therapy
26. Rukshana Ayogya/ person unfit for Rukshana therapy
27. Snehana yogya/ person fit for Snehana therapy
28. Snehana Ayogya/ person unfit for Snehana therapy
29. Sthambhana Yogya/ person fit for Sthambhana therapy
30. Sthambhana Ayogya/ person unfit for Sthambhana therapy
31. Swedana yogya/ person fit for Swedana therapy
32. Swedana Ayogya/ person unfit for Swedana therapy
33. Santarpana Chikitsa
34. Apatarpan Chikitsa
35. Define Nasya
36. Define word Basti
37. Define Vamana and Virechana
38. What is Matra Basti?

39. What is Avapidaka Nasya?
40. What is Pradhamana Nasya?
41. Mention any 5 Vamana Dravyas
42. List out Virechana Dravya
43. Mention any 4 Nasya Dravyas
44. Shirovirechana
45. Mention the drugs of Shirovirechana
46. List out Basti Dravyas
47. Common treatment for Rasavruddhijanya Vikara
48. What is Poorvakarma
49. Mention the Panchakarmas
50. Panchakarmas according to Sushrutacharya
51. List out Panchakarmas according to Charakacharya
52. Enumerate Panchakarma suggested for Vata, Pitta and Kapha respectively
53. Enumerate Types of Sneha
54. Qualities of Ghee
55. Qualities of Taila
56. Qualities of Vasa
57. Qualities of Majja sneha
58. Types of Sweda
59. Enumerate Niragni Sweda
60. Types of Saagni Sweda
61. Define Anuvasana Basti
62. Define Asthapana Basti
63. Important line of treatment for Vata
64. What is the important Shodhana and Sahmana therapy for Vata
65. What is the important Shodhana and Sahmana therapy for Pitta
66. What is the important Shodhana and Sahmana therapy for Kapha
67. Define Vajikarana
68. Benefits of Rasayana
69. Benefits of Vajikarana
70. Benefits of Vamana therapy
71. Benefit of basti
72. Benefit of Virechana
73. Benefit of Nasya therapy
74. General line of treatment for Rakta dushti
75. Types of Rasayana
76. Define Kutipravesika Rasayana
77. Define Vatatapika Rasayana
78. Mention the Drugs of Medhya Rasayana
79. Enumerate the Rasayana drugs useful in Drushti Roga
80. Enumerate the Rasayana drugs useful in Kushta or Twak Roga
81. Mention two diseases with Naimittika Rasayana drugs

5 MARKS

1. Describe Daivavyapashraya Chikitsa with examples.
2. Explain about Satvavajaya Chikitsa with examples
3. Describe Yuktivyapashraya chikitsa and its importance
4. Describe various classification of Chikitsa
5. What are Chikitsa Chatushpada and their qualities
6. Chikitsa Upakrama
7. Describe Saptavidha Vranopakrama/Saptavidha Upakrama
8. Describe Ashtavidha Shastrakarma with their indications
9. Types of Nasya
10. Describe Langhana with drugs and their qualities
11. Describe Brimhana with drugs and their qualities
12. Describe Rukshana with drugs and their qualities
13. Describe Snehana with drugs and their qualities
14. Describe Swedana with drugs and their qualities
15. Describe Sthambana with drugs and their qualities
16. Describe Vamana Dravyas with their qualities and mode of action
17. Describe Virechana Dravyas with their qualities and mode of action
18. Describe Shirovirechana Dravyas with their qualities and mode of action
19. Describe Basti Dravyas with their qualities and mode of action
20. Vamana Yogya and Ayogya
21. Virechana Yogya and Ayogya
22. Asthapana Basti Yogya and Ayogya
23. Anuvasana Basti Yogya and Ayogya
24. Nasya Yogya and Ayogya
25. Describe the qualities of Vaidya/Physician
26. Explain the qualities of Dravya/Drug
27. Explain the types of Basti
28. Describe types of Swedana
29. Write the qualities of 4 kinds of Sneha
30. Types of raktamokshana
31. Importance of Panchakarma
32. Describe Saagni Sweda
33. Rasayana Yogya And Ayogya
34. Vajikarana Yogya and Ayogya
35. Rasayana Dravyas and their qualities
36. Explain types of Rasayana with suitable drugs
37. Achara Rasayana and its benefits.
38. Describe Vajikarana in brief
39. Management of Vata Dosha
40. General principle of management of Pitta Dosha
41. General principle of management of Kapha Dosha
42. General principle of management of Dhatu and Mala

10 MARKS

1. Define Chikitsa and its various classifications
2. Describe Trividha Chikitsa
3. Explain Dwividha Upakrama in detail
4. Describe Shadvidha Upakrama in detail
5. What is Panchakarma? Describe Vamana procedure in detail.
6. What is Panchakarma? Describe Virechana procedure in detail.
7. What is Panchakarma? Describe Basti karma in detail.
8. What is Panchakarma? Describe Shirovirechana procedure in detail.
9. Define Vamana and Virechana. Describe Virechana procedure in detail.
10. Define Basti. Explain the procedure of Basti karma
11. Describe Raktamokshana
12. Write the indication and procedure of Nasya Karma
13. Define Nasya. Write procedure of Nasya Karma
14. What means Chikitsa Upakrama? Describe Dwividha Upakrama in detail.
15. What are the general principles of management of vitiated Dosha
16. Define Basti. Enumerate its various classifications with suitable examples.
17. What is Poorvakarma? Describe importance of Poorvakarma and Pashchat Karma in Panchakarma
18. Write an account on Rasayana chikitsa
19. Write a note on Vajikarana Chikitsa
20. Describe Panchakarma according to Sushruta and Charaka. Write a note on Raktamokshana.